



MARFORSOC PR/SERE REQUIRED GEAR LIST



Student must always have on their person during field training:

- (1) Boonie cover, Green MARPAT uniform, service issued boots (Marine Corps or Service issued equivalent; minimum 8" height), T-shirt, underwear/PT Shorts and socks (Preferably wool/smart wool)
- (1) LBE/LBV or equivalent, (Pouches to carry equipment)
- (2) Water carrying devices (2 quarts of water minimum) w/ carriers
- (1) Canteen Cup
- (1) First Aid Kit
- (1) Survival Kit :(Will be provided)
- (1) Fire starting device (Magnesium block/striker, matches or lighter allowed)
- (1) Signaling device (Signaling Mirror or Camouflage paint kit w/mirror)
- (1) Bottle iodine tablets or equivalent (Will be provided)
- (1) Whistle
- (1) Watch
- (1) Wrist Compass
- (1) Fixed blade knife (full tang)
- (1) Multi-tool
- (1) Pair eye protection with CLEAR LENSES (Not optional)
- (1) Pair gloves (Leather or Nomex Flight gloves)
- (1) Something to write on and something to write with
- (1) Package of map pens and (1) protractor
- (1) Headlamp w/red lenses or (1) Flashlight w/ red lenses
- (1) Prescription glasses

Females Only: Feminine Hygiene Items pads only, no tampons. **(Not optional)**

Required field gear (in your pack):

- (1) Mountain Ruck/ ALICE pack or equivalent
- (1) 550 cord (Min 50 ft / max 100 ft)
- (1) Green MARPAT uniform
- (7) Pair socks (Wool/Smart Wool)
- (2) T-shirts
- (2) Pair underwear
- (1) Large bottle of Body/Foot powder
- (1) Camouflage paint kit
- (1) Camel Back (Third carrying device)
- (1) Pair Tan boots (Marine Corps or Service issued equivalent; minimum 8" height)
- (1) E-Tool with cover
- (1) Poncho Liner
- (1) Issued Digital Poncho or Tarp
- (1) Gore-Tex top
- (1) Summer sleeping bag with Gore-Tex Bivy Shell
- (1) Kit bag or Sea bag
- (1) addition set of Prescription glasses
- Unlimited number of waterproof bags (Issued, off the shelf, trash bags etc.)



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Seasonal Items - (1 Oct-15 Apr)

- (1) Gore-Tex bottom
- (1) Warming layer top
- (1) Warming layer bottom
- (1) Service issued sleeping system (complete)
- (1) Fleece Cap

Optional Items:

- Lensatic Compass **(only)**
- Bug repellent / uniform spray
- Baby wipes / Toilet paper
- Mosquito head net
- Toothbrush
- Sewing kit
- Chap stick (non-medicated)
- Snap link (subdued)
- Poly sleeping mat
- Sling rope
- Bungee cord(s)
- Petroleum jelly
- 3 Day assault pack

Prohibited Field Items:

- Cell phones or any portable electronic devices other than those issued by PR/SERE Staff
- Food, Supplements or energy drinks, gels or bars, snacks
- Medications not approved by MARSOC Medical personnel
- Pyrotechnics, or Firearms
- Alcohol/Tobacco
- Jewelry (Rings, necklaces, bracelets)
- Contact Lenses
- ID card, driver's license, credit card, money of any kind
- No machetes, swords, or axes
- No Handcuff Keys
- Sunglasses or tinted eye protection

***** This list is not all inclusive. No additional items permitted unless noted on this gear list or issued by PR/SERE Staff.**